

# HEALTH

**OUR GOAL:** Improving people's health.

## **TARGET ISSUE 1:** Maternal health and infant well-being.

**INTENDED RESULT:** Increase the number of babies that are born with a low risk for any preventable health problems.

**INDICATOR:** Evaluate the percentage of babies born at a low birth weight.\* Approximately 91.1% of babies born in Knox County in 2005 were at a healthy weight.<sup>7</sup> The goal is to increase this percentage to 95%.

## **TARGET ISSUE 2:** Basic healthcare coverage and prevention.

**INTENDED RESULT:** Encourage children, youth and adults to receive timely, regular, preventative healthcare.

**INTENDED RESULT (LOCAL):** Broaden access to medical services for the uninsured and reduce the growth of medical costs to the community.

**INDICATOR:** Evaluate the percentage of the population who do not have health care insurance. In 2005 in Knox County, 17.1% of individuals under the age of 65 were uninsured.<sup>8</sup> The goal is 10%.

## **TARGET ISSUE 3:** Healthy youth and adults.

**INTENDED RESULT:** Increase the number of youth and adults that are at a healthy weight.\*\*

**INDICATOR:** Evaluate the percentage of students in grades 9-12 who are at a healthy weight. In 2007, 71.2% of Knox County High school students reported being at a healthy weight.<sup>9</sup> The goal is 80-85%.

\* Below 2.5 kg (2,500 grams or 5 pounds, 8 ounces)

\*\* Percentage of students in grades 9-12 whose BMI (Body Mass Index) was below the 85th percentile; percentage of adults 18 or over who BMI was 25 or below.

<sup>7</sup>Kids Count Databook. Annie E. Casey Foundation. (Data for 2000 to 2006) National Center for Health Statistics. (Data for 2006)  
<http://www.cdc.gov/nchs/data/wh/witalstats/VitalStatsBirths.htm>.

<sup>8</sup>U.S. Census Bureau, Small Area Health Insurance Estimates for Counties and States.  
[http://www.census.gov/hhes/www/sahie/data/2005/files/Under65\\_Pct\\_UL\\_2005.pdf](http://www.census.gov/hhes/www/sahie/data/2005/files/Under65_Pct_UL_2005.pdf)

<sup>9</sup>Healthy youth: Youth Risk Behavior Survey 2005, 2007. Knox County Health Department, in cooperation with the Knox County Schools (random cluster survey grades 9-12 n=763). [http://www.knoxcounty.org/health/pdfs/youth\\_risk\\_behavior.pdf](http://www.knoxcounty.org/health/pdfs/youth_risk_behavior.pdf)

Healthy adults: Behavior Risk Factor Surveillance Survey 2005, Knox County Health Department, in cooperation with the University of Tennessee College of Social Work Office of Research and Public Service. [http://www.knoxcounty.org/health/pdfs/behavioral\\_risk.pdf](http://www.knoxcounty.org/health/pdfs/behavioral_risk.pdf)